## **ABSTRACT**

The invention satisfies this need. The invention is a pasta suitable for preparing a stuffed pasta product. The pasta is prepared from a mixture comprising: (a) soy protein; (b) wheat gluten; (c) soy flour; (d) a stabilizer capable of providing the mixture with sufficient strength, flexibility and elasticity for the mixture to be formed into an envelope having a hollow core (e) water; and (f) egg whites. In one embodiment, the stabilizer is provided by a gum, such as konjac flour and/or an alginate.